



Prevention Tips...

- ✦ Plan for your future while you are still independent. Inform your family how you wish to be cared for and how you want your assets spent or maintained.
- ✦ Complete necessary documents to legalize your choices. This should include a POWER OF ATTORNEY for personal care and property.
- ✦ Stay in regular contact with people who support you and respect your decisions. Connect by phone if it's not possible to visit in person.
- ✦ Do not give up control of your property or assets until you feel unable to manage them any longer.
- ✦ Carefully read all documents before signing. Do not give personal or financial information over the phone, the computer or at your door.
- ✦ Have your pension or other cheques deposited directly into your bank account.
- ✦ Remember: your rights don't change as you age. Don't be intimidated when seeking your rights, at home or in the community.
- ✦ If you feel alone, depressed or afraid talk to a trusted friend, family member, health provider, faith leader, social service agency or Police.
- ✦ Look for events or groups in your community that offer activities or education. This is a chance to meet new friends and supports and stay informed.

Who Can I Tell?

York Regional Police: 1-866-876-5423 Ext. 6697

Seniors Safety Line: 1-866-299-1011

Senior Crime Stoppers: 1-800-222-8477

CCAC (Community Care Access Centre): 1-888-470-2222



“Safe and Secure” – Word Search

T	I	P	S	A	W	Z	I	Z	L	R	I	G	H	T	S	F	G	E	Z
O	E	C	Z	Z	T	E	N	R	E	T	N	I	N	S	J	L	C	Y	P
Y	D	Z	K	H	B	A	N	K	I	N	G	F	O	R	I	U	S	O	R
E	U	C	T	A	E	F	E	G	K	A	W	A	R	E	J	F	L	Z	E
N	R	R	A	I	Z	N	G	W	F	R	W	H	U	V	G	I	Y	V	S
Q	E	I	L	E	F	A	L	F	A	X	I	A	Q	N	C	T	U	R	P
S	S	M	K	F	Z	X	E	C	M	I	C	C	W	E	L	R	B	J	E
H	O	E	T	A	G	O	C	O	I	B	U	P	M	W	L	O	S	X	C
Q	U	S	P	S	F	Q	T	F	L	T	L	H	W	L	K	P	U	O	T
T	R	T	X	Q	Q	I	S	Z	Y	P	K	O	M	F	E	P	E	A	H
Z	C	O	N	E	L	F	W	B	B	V	C	N	C	G	S	U	S	B	A
D	E	P	Y	L	O	S	H	Z	I	P	O	E	R	Q	Y	S	U	Y	I
X	S	P	O	U	D	T	O	V	L	S	L	I	I	P	D	O	B	T	Q
F	J	E	X	Y	K	X	?	C	I	I	Q	B	M	I	Y	R	A	S	Y
X	P	R	D	O	C	T	O	R	G	V	E	B	E	Y	X	X	L	U	J
P	G	S	Z	T	U	P	Y	D	M	X	N	K	Z	S	W	T	A	R	Q
X	Y	C	A	V	I	R	P	E	M	O	H	B	O	M	O	Z	B	T	M
D	G	H	I	I	F	F	G	P	V	M	O	O	G	A	E	N	R	J	R
K	L	U	F	E	R	A	C	X	N	O	I	T	A	C	I	D	E	M	B
K	U	V	A	G	N	I	Y	L	L	U	B	R	W	S	P	F	V	W	B

Home

Respect

Bullying

Support

Tips

Medication

Phone

Trust

Crime

Doctor

Lock

Banking

Internet

Rights

Neglect

Who?

Scams

Aware

Privacy

Careful

Crimestoppers

Safe

Police

Family

Resources

Talk

Verbal Abuse